

LCRC NEWS

FREE NEWSLETTER FOR LAMBERTS CASTLE RIDING CLUB MEMBERS

New whip rules

BRITISH Riding Club (BRC) has announced new whip rules for this year to help educate riders and improve horse welfare.

BRC's 2023 rules state that the "use of the whip must be for an appropriate reason, at an appropriate time, on the correct area of the horse and with the appropriate level of response".

The whip must only be used to support the rider's natural aids and never when a horse or pony has turned away after a refusal or after elimination. Use behind the rider's leg or on the shoulder is allowed but never on the horse's head or neck.

The rules can be found on page 35 of the BRC Members Handbook 2023.

Jane's Badders silver

OUR former chairperson, Jane Rogers, has just won second place in the BE100 at Badminton's Voltaire Design Grassroots Championship.

Huge congratulations goes to her and homebred Corrievue Merlin Magic on their success. The club is very proud!



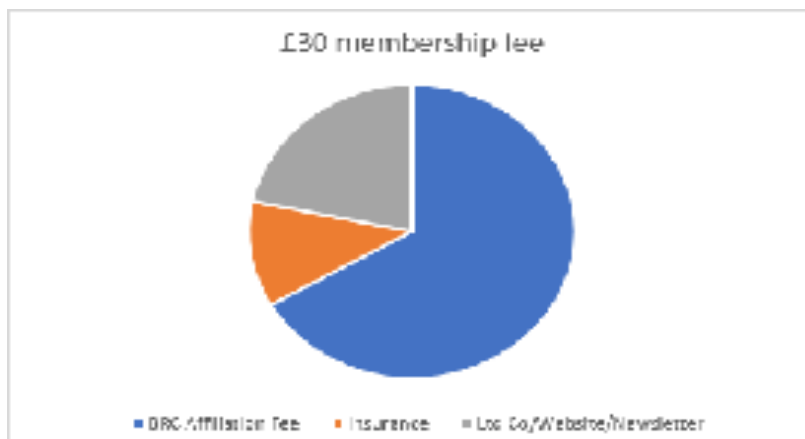
Your £30 annual fee

SHARING knowledge of the finances of how the club works is important to the LCRC committee.

Treasurer Fran Summers would like members to understand where their money goes in relation to the running of the club.

Therefore, it may be of interest to see the content of the pie chart, below, explaining how the £30 membership fee is spent.

In addition to this, the club raises money to subsidise training, talks and teams for various Area 12 competitions.



'Matriarch of the equestrian world' gives fascinating talk

THE audience was rapt during a recent club talk, open to the public, by the fascinating Jane Holderness-Roddam, held at The Grazing Cow, Offwell.

Considered one of the greatest matriarchs of the equestrian world, Jane gave us the most wonderful evening of chatting about her life via many of her photographs.

Twice winner of Badminton, once on Our Nobby — just under 15hh — in 1968 and once on Warrior in 1978, and once winner at Burghley on Warrior in 1976, Jane was the first British girl to ride in an Olympic three-day event and to win an Olympic equestrian medal.

Brought up in Dorset at Catherston, she claims she could ride before she could walk which is probably true as both parents were involved in horses. One of the most interesting photographs, for me, was of her mother and brothers and sisters — she was one of six — doing a

maypole dance on horseback! I have learnt since that her father had been in a cavalry regiment and her mother and sister had a small circus which they used to entertain the troops! Her mother, Anne Bullen, also a well know equestrian artist.

Known as 'the galloping nurse', she followed her mother, and went into nursing and somehow managed to juggle the two.

Lady-in-waiting to Princess Anne for 30 years, somebody asked how her friendship with the royal started. The reply came quietly but with a laugh: "I won quite a lot of prizes so I met Princess Anne quite a few times."

She has been and still is involved in various horse-related charities and has written at least five books.

She now lives at West Kington Stud, not far from Badminton, and we look forward to seeing more photographs of this year's mares and foals!

Nicky Rogers



Club is now deemed limited by guarantee

Following LCRC's Special General Meeting in September, the process of moving the club to a company limited by guarantee has now been completed.

As of March 23rd, Lamberts Castle Riding Club Ltd is incorporated under the Companies Act as a private company limited by guarantee.

The club is registered with Companies House and has a company number: 14751603.

Our chairman, secretary and treasurer are appointed as directors of the company and are responsible for ensuring we comply with the articles of association and submitting annual accounts to Companies House at the appropriate time.

The way in which we run our club and the meetings and activities we hold will not change, but it does mean that all our members and directors (committee) are protected with limited liability of £1 against any claim which may be made against the club. We are one of the first clubs to action British Riding Club's recommendation to consider this change.

As part of this process, the bank account has been changed — it is now fully operational and should be used for all future payments. Details have been emailed to members.

We would very much like to thank Chris Hammett, of Hammett Associates in Seaton, for assisting us with the process, preparing the articles of association and registering LCRC with Companies House.

DIARY DATES...

Wednesday, May 10th

Flatwork with Caroline Evans at The Linhay, Kilmington. Lessons can be individual or in pairs. Please let us know what level you are working at so we can pair you up with other like-minded riders where necessary. Members-only training. Cost £30 for an individual 45-min lesson; £20 for shared. Please book directly with Rachel Collins (hello@rachelcollinsphotography.co.uk)

Friday, May 19th

Gridwork with Jane Rogers at Swallowfields.

The perfect opportunity to brush up on your horses' gymnastic skills. Gridwork helps improve rhythm, your balance and can help create a more reactive horse to your aids. Jane is happy to cater for all levels. Members-only training. Costs – paired (£20 each), grouped (£15 each for three) or individual (£30 each) for hour lessons. Cash on day. Please book directly with Jane for this one.

Tuesday, May 23rd

Flatwork (with poles if preferred) with Pam Ewell at Pendragon. Polework within your flatwork is a great way to improve suppleness, way of going and balance. Pam can help and is happy to cater at all levels. Lessons can be individual or in pairs. Please let us know what level you are working at, and if you would prefer poles to be included and we'll try to pair you with other like-minded riders that day. Members-only training. £25 individual hour, £15 individual 30min or £15 an hour shared. Please book directly with Sarah Wharton (Sarah.wharton64@gmail.com)

Wednesday, May 24th, 10.30am

Swallowfields/Trinity Hill club ride. Club ride from Swallowfields across Trinity Hill and bridleways of Uplyme. This ride will be at a slower pace and ideal for first timers. £5 charge. Names to Fran by Monday, May 22nd (fran.summers60@gmail.com)

Tuesday, May 30th

Polework with Melissa Northwood at The Linhay. Polework within your flatwork is a great way to improve suppleness, way of going and balance. Hour lessons in small groups (no more than 3). £25 per person. Members-only training. Please book directly with Rachel Collins (hello@rachelcollinsphotography.co.uk)

Wednesday, June 14th

Flatwork (with poles if preferred) with Pam Ewell at Pendragon. Polework within your flatwork is a great way to improve suppleness, way of going and balance. Pam can help and is happy to cater at all levels. Lessons can be individual or in pairs. Please let us know what level you are working at, and if you would prefer poles to be included and we'll try to pair you with other like-minded riders that day. Members-only training. £25 individual hour, £15 individual 30min or £15 an hour shared. Please book directly with Sarah Wharton (Sarah.wharton64@gmail.com)

Tuesday, June 22nd, 10.30am

Longlands Farm club ride. Southover, Frampton, Dorset DT2 9NQ. By kind permission of Liz Elliott. Enjoy the old turf bridleways of Dorset, nearly all off road, at a moderate to fast pace with opportunity to canter in open fields. Liz has kindly offered parking and to lead us on this ride. £5 payment by BACS or correct cash on the day. Names to Fran by Friday, June 16th (fran.summers60@gmail.com)

Wednesday, June 28th

Flatwork with Caroline Evans at The Linhay. Lessons can be individual or in pairs. Please let us know what level you are working at so we can pair you up with other like-minded riders where necessary. Members-only training. Cost £30 for an individual 45min lesson. £20 for shared. Please book directly with Rachel Collins (hello@rachelcollinsphotography.co.uk)

DIARY DATES continued...

Wednesday, July 5th

Ride a Test with Gaynor Lomas at White Lodge. A perfect chance to ride a particular dressage test or movements from a test you'd really like help on. Great for anyone doing the RC Area Dressage teams the following weekend! From 12noon. Individual lessons. Members-only training. Costs TBC. Please book directly with Fiona Benger (fiona@tonybenger.com)

Thursday, July 6th

Flatwork (with poles if preferred) with Pam Ewell at Pendragon. Polework within your flatwork is a great way to improve suppleness, way of going and balance. Pam can help and is happy to cater at all levels. Lessons can be individual or in pairs. Please let us know what level you are working at, and if you would prefer poles to be included and we'll try to pair you with other like-minded riders that day. Members-only training. £25 individual hour, £15 individual 30min or £15 an hour shared. Please book directly with Sarah Wharton (sarah.wharton64@gmail.com)

Wednesday, July 19th, 4.30pm, to ride by 5pm

Beckford Bridge club supper ride. Led by Fiona Benger, this ride will be at a slow to moderate pace and ideal for first timers, to include a supper stop at The Tuckers Arms, Dalwood. £15 each (TBC) to include supper. Names to Fran by Friday, July 14th (fran.summers60@gmail.com)

Thursday, July 20th

Flatwork with Caroline Evans at The Linhay. Lessons can be individual or in pairs. Please let us know what level you are working at so we can pair you up with other like-minded riders where necessary. Members-only training. Cost £30 for an individual 45min lesson. £20 for shared. Please book directly with Rachel Collins (hello@rachelcollinsphotography.co.uk)

Thursday, July 27th

Polework with Melissa Northwood at The Linhay. Polework within your flatwork is a great way to improve suppleness, way of going and balance. Hour lessons in small groups (no more than 3). £25 per person. Members-only training. Please book directly with Rachel Collins (hello@rachelcollinsphotography.co.uk)

Wednesday, August 16th, 10.30am

Bonhayes Farm club ride. Whichchurch Canonicorum DT6 6RF. This ride will take us through the stunning Marshwood Vale, which has plenty of opportunities to canter in open spaces. Sophie Johnson will organise the ride route, supported by committee members. Parking by kind permission of Sophie. £5 payment by BACS or correct cash on the day. Names to Fran by Friday, August 11th (fran.summers60@gmail.com)

Thursday, August 17th

Polework with Melissa Northwood at The Linhay. Polework within your flatwork is a great way to improve suppleness, way of going and balance. Hour lessons in small groups (no more than 3). £25 per person. Members-only training. Please book directly with Rachel Collins (hello@rachelcollinsphotography.co.uk)

Thursday, September 14th

Polework with Melissa Northwood at The Linhay. Polework within your flatwork is a great way to improve suppleness, way of going and balance. Hour lessons in small groups (no more than 3). £25 per person. Members-only training. Please book directly with Rachel Collins (hello@rachelcollinsphotography.co.uk)

Dates are subject to change at the discretion of the club.